

# **Volleyball Tryout Information**

Your athlete **MUST** have a physical and be signed up on Rank One.

## **Tryout Dates and Times**

Monday, August 16- Thursday, August 19

Note: There are no make-up days for volleyball tryouts.

7TH GRADE	8TH GRADE
<ul style="list-style-type: none"><li>• Student drop off time: 6:45AM</li><li>• Tryouts start promptly at 7:00AM</li><li>• Early morning buses will be available</li></ul>	<ul style="list-style-type: none"><li>• Tryouts begin after school: 4:15PM</li><li>• Car rider pick up time: 5:15PM</li><li>• Late bus pickup: 5:30PM</li></ul>

## **PROPER ATTIRE**

You <b>NEED</b> to wear:	You <b>CANNOT</b> wear:
<ul style="list-style-type: none"><li>• Fingertip length athletic shorts</li><li>• Short sleeve t-shirt</li><li>• Tennis shoes</li><li>• Knee pads</li><li>• Hair tied back</li></ul> <p><b>**If you have reds, (athletics uniform) please wear those.</b></p>	<ul style="list-style-type: none"><li>• Tank tops/cut off shirts</li><li>• Volleyball spandex</li><li>• Jewelry of any kind (UIL rule)</li><li>• Hair down</li></ul>

**\*\*Please bring a water bottle. We will have fill up stations.**

## **Volleyball skills to be tested:**

Passing, setting, over hand serving, game play/court awareness

## **Other Information:**

- The first cut will be on Tuesday after tryouts; the 2nd cut will be on Thursday.
- The 2021 volleyball team will be posted Thursday night.
- There will be two teams per grade level.

## **What to expect if you make the Irons volleyball team:**

- 7th grade: practice every morning (except game days); arrive at 6:45AM
- 8th grade: practice every afternoon until 5:15PM (except game days)
- **Tuesday volleyball practice:** A- teams (7th and 8th grade in the morning); B- teams (7th and 8th grade in the afternoon)
- Volleyball game days: Thursday, last game on Monday
- **Payment of a \$100 spirit fee (This includes: 2 team shirts, car decal, yard sign, and goodies for the girls throughout the season.)**